

Map #31

Monday:

1. The United States is divided into how many standard time zones? Name them from west to east.
2. What is the time difference between each time zone?

Tuesday:

1. Are the hours earlier or later to the west of each time zone?
2. Cities in the Northeast region are part of which time zone?

Wednesday:

1. Which time zone includes Hawaii and some of the western islands of Alaska?
2. If it is 1:00pm in Chicago, what time is it in Los Angeles?

Thursday:

1. If it is midnight in Chicago, what time is it in Seattle, Washington?
2. Which states have areas that are part of the Central and Mountain Time Zones?

Friday:

1. If you live in Honolulu and it is 9:00pm, is it a good time to call your family in New York? Why or why not?
2. It is the second Sunday in March and clocks have been set one hour ahead. Why?

Challenge:

Write two questions requiring time calculations. Be sure to include your answers.

Time Zones of the United States

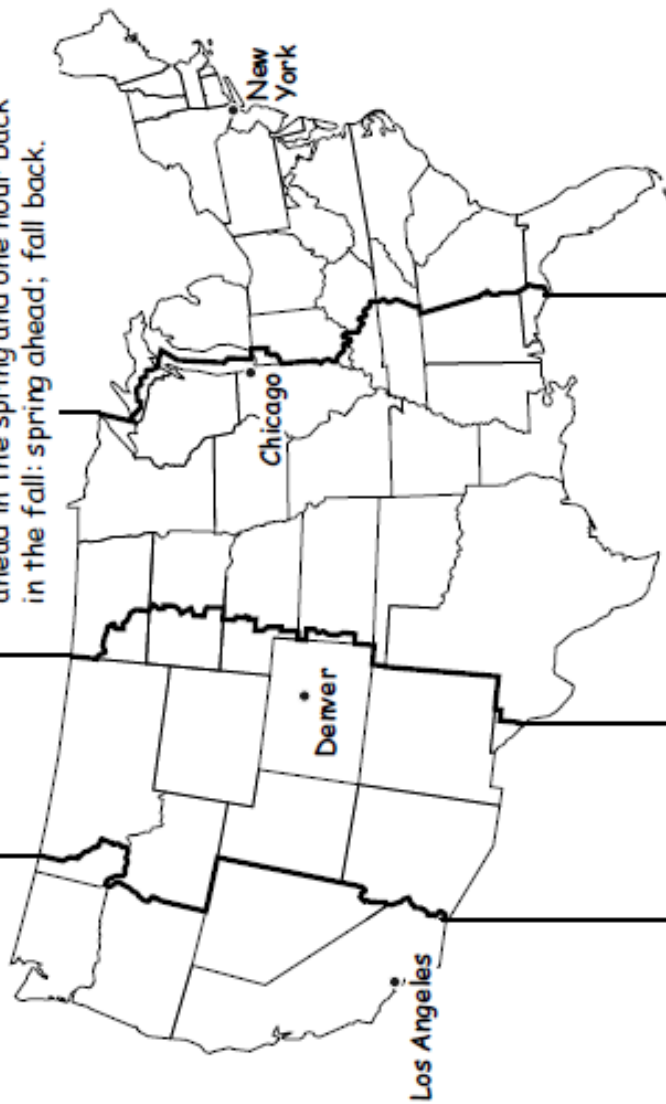
Daylight Saving Time begins on the second Sunday in March and ends on the first Sunday in November. Remember this trick to set your clocks one hour ahead in the spring and one hour back in the fall: spring ahead; fall back.



Juneau



Honolulu



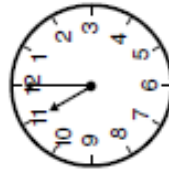
Los Angeles

Denver

Chicago

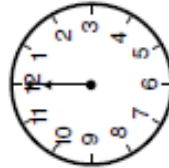
New York

11:00 A.M.



Hawaii-Aleutian Time

12:00 P.M.



Alaska Time

1:00 P.M.



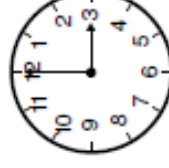
Pacific Time

2:00 P.M.



Mountain Time

3:00 P.M.



Central Time

4:00 P.M.



Eastern Time